

In some countries, an increasing number of people are suffering from health problems as a result of eating too much fast food. It is therefore necessary for governments to impose a higher tax on this kind of food.

To what extent do you agree or disagree with this opinion?

Today, with health issues, like obesity and diabetes, at record levels, many societies believe that, due to fulfilling the goal of convincing people to eat less fast food, applying taxes is quite necessary. Some, however, argue that taking every ~~action/~~proceeding to address ~~to~~ these problems without reasonable estimations can end up in worst conditions.

On the one hand, some individuals consider fast food the main culprit of medical issues. Therefore, with high taxes being imposed, there is an appropriate chance of avoiding this unhealthy situation. Additionally, people would be encouraged to eat more nutritious foods, thereby markedly experiencing an intense decrease in health care costs. Thus, one of the officials' responsibilities is laying down some strict laws such as tax to discourage consumers from consumption of junk foods to keep ~~the~~ society healthier.

On the other hand, although putting tax on fast food is a seemingly ~~a~~ sensible measure, it can be a large burden for both low-income families and students that, ~~because of being economical,~~ this type of meal, because of being economical, plays an essentially key role in their lifestyles. Moreover, not only can an unconsidered enforcement of tax cause people to switch to other foods which may be more expensive or less enjoyable and convenient, but also, owing to affordable prices, it can push them to adopt an unhealthy diet. Subsequently, malnutrition in society can be an inevitable ~~incident~~phenomenon. Hence, It is extremely vital to understand how potential taxes affect the entire diets. And also, whilst health problems are the confluence of various factors like a sedentary lifestyle and nutrients which are, regardless of their types, full in saturated fat and sugar, is it reasonable to view that fast food ~~is taken into consideration as~~ the sole factor?

Consequently, whereas fast food has a crucial role in many individuals' lifestyles, irrespective of whether other foods can lead to health problems, barely is there a

guarantee that eating patterns shift to a better one. Therefore, imposing taxes on it seems to be an irrationally impractical procedure.